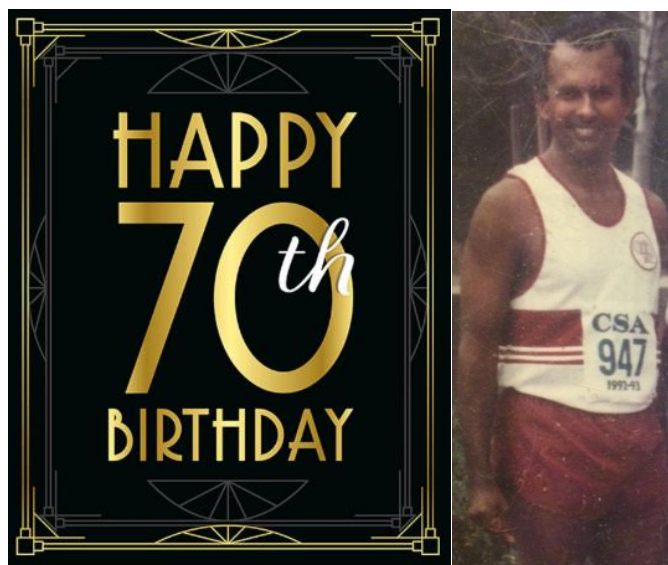


# Queensland Race Walking Club Inc.

*Building on a fine tradition of race walking, 69 years in the making.*



November 28<sup>th</sup> 2024



## **Caleb Maybir 70 today**

Caleb was born and educated in Fiji and came to Australia for life saving medical treatment after a car accident. He settled in Sydney becoming a taxi driver and started race walking. He represented NSW before moving to Queensland. Caleb was a regular competitor in State 20,30& 50km championships for many years and was a regular QRWC representative in the 20 miles at the LBG Carnival in Canberra. He represented Fiji at the Lugano Cup (now known as the World Athletics Race Walking Team Championships) and won a gold medal for Fiji in the 20km at the Oceania Games.

Caleb's biggest achievement in race walking was becoming a Centurion (walking 100 miles in under 24 hours). His favourite number is 28<sup>th</sup>. He was born on November 28<sup>th</sup> 1954 and began his Centurion race on the 28<sup>th</sup> (September 1996) at QSAC. He became Australian Centurion number 28 in doing so. The QRWC planned and put on the event which was a fund-raiser for the Queensland Epilepsy Foundation. The 24 hour event was supported by a 100km race and a 24 hour race walk relay event. As was his tendency, Caleb started fast, passing 50 km in 6:13:06 and his 50 mile mark of 10:25:43. He looked well on track but then the early pace caught up with him and he faltered. He suffered badly in the second half of the race and it was only with the grim determination to get his Centurion badge and the urging of his crew and club members that he was able to hold his form and finish in 23 hours 34 minutes 20 seconds.

**Happy birthday Caleb!!**

## Looking for a career in the fitness, sport, and recreation industry?

Do you know a school senior who loves sport, fitness or active recreation activities and is undecided about what they want to do after they finish school? Or perhaps they already have some experience or qualification in the industry but don't know how to take the next step in their career?

There are a wealth of free resources on the Careers Hub to help people get into great jobs and training opportunities,

Go to the AQIA website

[Career Profiles - real stories and insights from people in real roles](#)

This industry is crying out for people, and you can help young people find their way into fun and rewarding careers that make a valuable contribution to Queenslanders' health, wealth, and community.

### RESULTS RESULTS RESULTS

#### **QA Benita Willis Shield**

#### **SAF November 23<sup>rd</sup>**

#### **Women 3000 Metre Race Walk Open**

- 1 Sharpe, Milly GLD 14:22.24
- 2 Boulton, Olivia GCA 15:07.14
- 3 Moore-Kirkland, Bethany Darling Downs 15:11.47
- 4 Welch, Isabella Ignition 15:56.43
- 5 Martin, Katya QRWC 16:36.51
- 6 Kelly, Eliza QRWC 17:13.09
- 7 Waterman, Kiara QRWC 17:51.28
- 8 Dunleavy, Savannah QRWC 20:18.10

#### **Women 5000 Metre Race Walk Open**

- 1 Gannon, Brenda Qld Masters 29:44.27

#### **Men 3000 Metre Race Walk Open**

- 1 Cooke, Noah QRWC 14:03.13

#### **Men 5000 Metre Race Walk Open**

- 1 Dale, Kai 08 QRWC 27:31.4

#### **Queensland Masters Athletics**

#### **SAF Brisbane November 23<sup>rd</sup>**

- 1 McKinven, Noela W82 Qld Masters 6:54.1

# UQ ATHLETICS CLUB 1500M CLASSIC CELEBRATION MILE

November 30, 2024 @ 6:00 pm - 9:30 pm

## UQ Athletics Club 1500M Classic - Celebration Mile (incorporating the Open Queensland Athletics Mile Championships)

### Women 1 Mile Race Walk Open

4 Moore-Kirkland, Bethany 10 DDA

5 Millard, Summer 05 UNQ

6 Renton, Zoe 11 TWH

7 Boulton, Olivia 09 GCA

8 Cosgrave, Ella 10 BOR

9 Williams, Lyla 07 KCA

10 Williams, Freya 14 KCA

### Men 1 Mile Race Walk Open

1 Cooke, Noah 10 QRWC

2 Housden, Bailey 07 QRWC

3 Moore, Lachlan 11 IGN

## COMING UP

### 2024 Australian All Schools Athletics Championships Brisbane December 6-8<sup>th</sup>

All Schools Dates: Friday 6<sup>th</sup> - Sunday 8<sup>th</sup> December 2024

National Schools Challenge Date: Monday 9<sup>th</sup> December 2024

Venue: QSAC - Queensland Sport and Athletics Centre

### Draft Walk Programme

#### Friday 6 December

4.45pm 5000m Race Walk Under 17 Girls

4.45pm 5000m Race Walk Under 18 Girls

5.35pm 5000m Race Walk Under 17 Boys

5.35pm 5000m Race Walk Under 18 Boys

#### Saturday 7 December

5.10pm 3000m Race Walk Under 15 Girls

5.10pm 3000m Race Walk Under 16 Girls

6.10pm 3000m Race Walk Under 15 Boys

6.10pm 3000m Race Walk Under 16 Boys

#### Sunday, 8 December

9.00am 3000m Race Walk Under 14 Girls

9.30am 3000m Race Walk Under 14 Boys

## National Walk Competitions

### 2024 Australian 35km Race Walking Championships

Sunday 15 December 2024 Albert Park, Melbourne

**Entries now open**

#### [Roster Athletics · 2024 Australian 35km Race Walking Championships](#)

7:00 am 20km Race Walk Men Senior

7:00 am 20km Race Walk Women Senior

7:00 am Australian Championship 35km Race Walk Men Senior

7:00 am Australian Championship 35km Race Walk Women Senior

## **Supernova Track 10km Walks**

**AIS Track Canberra January 25-26th**

## **2025 Australian and Oceania 20km Race Walking Championships**

February 16<sup>th</sup> War Memorial Drive, between Froome and Bunday's Roads, Adelaide

## **2025 Australian Athletics Championships**

**WA Athletics Stadium, Perth**

U13 - U18 Championships: 4-8 April 2025

Open & U20 Championships: 10-13 April 2025

# **Qld Track Season 2024/25**

## **Queensland Athletics**

January 18<sup>th</sup> QA Shield QSAC 3,000/5,000 metres

February 1<sup>st</sup> QA Shield QSAC 3,000/5,000 metres

February 22<sup>nd</sup> QA Shield QSAC 3,000

QA 10,000 metres Championships

March 13-16<sup>th</sup> QA Championships QSAC

## **Queensland Masters Athletics 2024**

**14th/15th December 2024, Venue SAF**

**QMA Decathlon/Heptathlon Championships & other events**

**14th December 2024 Saturday**

9.00 1500m Walk

**15th December 2024 Sunday, SAF**

8.15 3000m Walk

9.30 800m Walk

**21st December 2024 Saturday SAF**

8.00 3000m Race Walk

10.00 1 Mile Race Walk

10.50 End of Year Social Morning Tea

## **Draft QMA dates for 2025**

### **January**

11th Saturday morning QSAC Main Track

18th Saturday morning SAF QMA Women's Throws Pentathlon

25th Saturday morning SAF QMA Men's Throws Pentathlon

### **February**

1st – Saturday morning SAF QMA Pentathlon and 3000m run/walk

15th Saturday morning SAF Memorial Day Events

22nd Saturday morning SAF AMA Decathlon and Heptathlon Day 1

23rd Sunday morning QSAC main track AMA Decathlon and Heptathlon Day 2

### **March**

1st – Saturday morning QSAC Main Track

8th – Saturday morning SAF

19th - Wednesday night SAF

23rd to 30th WMA Indoors Championships

29th – Saturday morning SAF

### **April**

5th Saturday SAF QMA State Championships Day 1

6th Sunday SAF QMA State Championships Day 2

12th Saturday morning SAF



## AMA Championships in Adelaide 18th to 21st April

**Entries now open** <https://adelaide2025.com.au/>

**Friday 18 April** 1500m Race Walk  
**Saturday 19 April** 5000m Race Walk  
**Monday 21 April** 10km Road Walk

### Road Walk Venue

The course for the 10km Road Walk will be within Park 20 in the South Park Lands. Located near the tram stop at South Terrace.

### Level 3 Race Walking-specific accreditation course

The QRWC is in discussions with AA about the club hosting a Level 3 Race Walking-specific accreditation course.

**UPDATE:** AA look set to lock in the weekend of 8/9 February 2025 to present this course in Brisbane.

The course presenter will be Level 5 coach Mark Donahoo from Victoria.

Not only will this initiative upskill the next generation of race-walking coaches it will also be an opportunity for current coaches to advance their qualifications and skills.

### QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors MUST wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification. This applies to the 2<sup>nd</sup> RWA Federation Carnival in Melbourne on August 25<sup>th</sup>.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

### Racewalking Queensland Management Committee 2024/25

**President:** P Bennett

**Vice President.** J-R McRoberts

**Secretary:** N. McKinven

**Treasurer** N McKinven

**Committee:** Shane Pearson, Joanne McRoberts, Claire Chadwick, Jasmine Blackburn, Ignacio Jimenez, Simon Dunleavy

**Patrons:** Patrick & Maxine Sela

**Registrar:** S Dale

**Handicapper** A Guevara / N McKinven

**Uniforms:** S Dale

**Publicity / Media** Jasmine Blackburn

**Results R Wales / N McKinven**  
**Newsletter Editor:** P. Bennett  
**Equipment Officer.** Ignacio Jimenez & Noela McKinven  
**Canteen Convenor.** Vacant, but to be by roster.  
**Club Captains:** Bailey Housden, Phoebe Chadwick

## QRWC MEMBERSHIP 2024/25

**NOTE: The Committee has set the QRWC annual membership fee for 2024/25 from October 1<sup>st</sup> to \$ 25 for all athletes. There will no longer be separate rates for students and non-students.**

### NON-COMPETING MEMBERS

VOLUNTEER	COMMITTEE MEMBER	OFFICIAL	COACH
Club volunteers are always welcome to assist with club operations and competition days	Club committee members are required to be registered members of their club	Officials accredited with Athletics Australia	Coaches may join an athletics club if they are accredited and currently registered with Athletics Australia

#### Working with Children Check – Blue Card

Volunteers, committee members, technical officials and coaches are required to have a Blue Card as deemed necessary by their club in accordance with the Queensland Blue Card system. Please refer to your club or [www.bluecard.qld.gov.au](http://www.bluecard.qld.gov.au) for more information.

\$0 + CLUB FEE	\$0 + CLUB FEE	\$0 + CLUB FEE	\$0 + CLUB FEE
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NOTE – Additional club membership fees may apply, which varies for each club.

**Queensland Athletics Memberships Fees 2024/25**  
**commencing October 1<sup>st</sup>**



# MEMBERSHIP OPTIONS 2024-2025

Season Period: 01 OCTOBER 2024 – 30 SEPTEMBER 2025



	Platinum \$250.00 + club fee <sup>^</sup>	Gold \$150.00 + club fee <sup>^</sup>	Base & Qrun \$12.00 + club fee <sup>^</sup>	School Student \$0 <small>(only valid for QA All Schools pre meet &amp; QA All Schools Champs)</small>
Entry into all QA Shield Meets	FREE	\$18	\$32	N/A
Entry into all QA Championships*	\$10 per individual event	\$22 per individual event	\$32 per individual event	N/A
Entry into QA All Schools Champs	\$10 per individual event	\$22 per individual event	\$32 per individual event	\$32 per individual event
Eligible to represent Qld at 2025 Athletics Australia Championships	YES	YES	NO	NO

## Racewalking Queensland Management Committee 2024/25

**President:** P Bennett

**Vice President.** J-R McRoberts

**Secretary:** N. McKinven

**Treasurer** N McKinven

**Committee:** Shane Pearson, Joanne McRoberts, Claire Chadwick, Jasmine Blackburn, Ignacio Jimenez, Simon Dunleavy

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**Newsletter Editor:** P. Bennett

**Equipment Officer.** Ignacio Jimenez & Noela McKinven

**Canteen Convenor.** Vacant, but to be by roster.

**Club Captains:** Bailey Housden, Phoebe Chadwick

## Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

**You can read the full policy here**

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

**All our members, whether an athlete, coach, volunteer official or a parent should be aware of their obligations and responsibilities under these policies.**

## Who this Policy Applies To

This policy applies to the following, whether they are in a paid or unpaid/voluntary capacity:

- Parents, guardians, spectators and sponsors to the full extent that is possible.
- Individuals appointed or elected to boards, commissions, committees and sub-committees;
- Employees and volunteers; • Support personnel (e.g. managers, physiotherapists, psychologists, masseurs, sport trainers, etc);
- Coaches and assistant coaches (whether or not they are accredited)
- Athletes, coaches, officials and any other personnel participating in any teams, events and activities, including camps and training sessions, conducted or sanctioned by Queensland Athletics • Referees, judges and other officials.
- Members, including life members.
- Member associations and each of its members, including life members.
- Affiliated clubs and associated bodies of Queensland Athletics;
- Peak associations and other State bodies engaged in any form of athletics.
- Any other person or body that is a member of or affiliated to Queensland Athletics.

## Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 3 Performance coach

Jasmine-Rose McRoberts Level 2 Club coach

Argenis Guevara Level 1

Katya Martin Level 1

### Contact emails:

[qrwc1@optusnet.com.au](mailto:qrwc1@optusnet.com.au) Membership, coaching or general enquiries about the club  
[racewalkqld@outlook.com](mailto:racewalkqld@outlook.com) Articles for the newsletter, to send in results, to join newsletter mailing list.

### About us ....

*Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.



Department of  
Tourism and Sport

The Queensland Government provided \$2,500 to the Queensland Race Walking Club to assist training and education volunteers to enable Queenslanders to participate in sport and recreation activities.'